

North Whidbey Fire and Rescue

2020 Annual Training Plan



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OUR MISSION

To enhance the quality of life for our community, promote public safety and provide emergency services to protect and preserve life and property.

INTRODUCTION

The purpose of this document is to outline a comprehensive Annual Training Plan for North Whidbey Fire and Rescue which builds upon the momentum and foundation of training previously provided to the organization. The structure and content of this plan has been developed to meet the dynamic needs of the organization and its personnel, while improving coordination efforts through early scheduling of 2020 training topics and events. While every effort will be made to adhere to the program provided in the following pages, it should be noted that a reasonable amount of flexibility and subsequent revision should be anticipated as additional events and training opportunities develop throughout the course of the year.

The cumulative goal of this plan and its associated efforts is to provide personnel with the best possible preparatory knowledge, skills, and abilities while subsequently establishing North Whidbey Fire and Rescue as a recognized department on the safe, efficient, and effective delivery of all-hazards emergency response training. Doing so will ensure fulfillment of our organizational mission as we strive to ensure the citizens and visitors of North Whidbey experience better quality of life through the provision of excellent risk-reduction and response services. Furthermore, the safety and effectiveness of our personnel and emergency scene operations will be enhanced through the provision of these diverse training opportunities developed in accordance with federal, state, and local requirements.

<u>TRAINING TOPIC</u>	<u>APPROXIMATE FREQUENCY</u>	<u>HOURS</u>
Fire Suppression	Monthly	4 hrs/Month, 48 hrs/Year
EMS	Monthly	3 hrs/Month, 36 hrs/Year
Driver/Operator	Monthly	
Officer Development	Monthly	
Hazardous Materials	Annually	8 hrs/Year
Rope Rescue	Monthly	2 hrs/Month, 24 hrs/Year
MSAR	Monthly	2 hrs/Month, 24 hrs/Year
Department Wide		3 hrs/Month, 12 hrs/Year
Fire Academy	Annually	

MONDAY NIGHT TRAINING

Under this plan, Monday night training will be conducted weekly for two to three hours each session and will address all-hazards disciplines to meet the needs of the organization's emergency response readiness requirements. Training will be presented in either a classroom-based or hands-on environment. Additionally, members will be provided with a monthly training brief detailing the topics and schedule for the month, as well as material relating to the training topics (videos, EMSConnect, articles, etc.) for personnel to review prior to training. This will facilitate more productive discussions and dialogue for classroom activities, while also maximizing the time spent performing hands-on training by reducing the requirement for instructional remediation. Following Association meetings, a short training session will be conducted with all members of the organization prior to meeting with their station officers.

EMS CONTINUING EDUCATION

This plan has been designed to meet the time and topic refresher requirements for recertification as an Emergency Medical Technician for National Registry and the state of Washington. Utilizing the online learning through EMS Connect in conjunction with the hands-on practical application lends itself to increased levels of skill maintenance / proficiency and knowledge retention. All members are required to attend and participate in the monthly EMS training.

DRIVER / OPERATOR TRAINING

Training opportunities for new driver / operators shall be incorporated into scheduled Monday night training under this plan. In addition to pumping operations, apparatus operators will demonstrate driving proficiency through the completion of the "road course and cone course". Members who attend the driver/operator course will receive training in safe driving techniques, types of pumping apparatus, positioning apparatus, maximization of efficient water supply, fire pump theory and operation, hydraulic calculations, water supply considerations, relay pumping principles, water shuttle procedures, foam system operation and apparatus maintenance and testing. Members who signed off as drivers/operators will meet

once a quarter to focus on pump ops, hose lays, and any other specific tasks that drivers may be tasked to do on an emergency scene.

DEPARTMENT-WIDE “ALL DRILLS”

North Whidbey Fire and Rescue will hold four department-wide “all drills” throughout the calendar year of 2020. Department-wide drills will be labor intensive and require mass participation from all members of North Whidbey Fire and Rescue. Whenever possible, these drills should be coordinated and conducted with other agencies and organizations to promote increased levels of interoperability while also pooling instructor staff and equipment resources subsequently ensuring adequate district coverage for emergency response needs. Department-wide drills will allow the organization to assess operational functionality when working with automatic and mutual aid organizations, while simultaneously helping to fulfill required training requirements.

Drill #1: Structural

Drill #2: MCI/Vehicle

Drill #3: Haz-Mat

Drill #4: Ladders

OFFICER DEVELOPMENT

Officer development training sessions will be held monthly to enhance the effectiveness of those serving at the Chief, Company Officer, and acting Company Officer level within the organization. Training sessions will be used to reinforce policy knowledge and applicability; tasks assigned to officers, administrative procedures, general updates, along with emergency scene operations involving IC functions.

HAZARDOUS MATERIALS

HAZMAT is a term used to describe incidents involving hazardous materials or specialized teams who deal with these incidents. Hazardous materials are defined as substances that have the potential to harm a person or the environment upon contact. Members who respond with North Whidbey Fire and Rescue are trained to the Haz-mat Operations level. Working with neighboring agencies that have a dedicated Haz-Mat response team, our members become part of a larger team that mitigates hazardous materials incidents in the local community.

ROPE RESCUE

Rope Rescue is a technical operation provided by North Whidbey Fire and Rescue for its citizens and visitors to the local area. It is a very dangerous operation that utilizes ropes (lifelines) and other necessary hardware to retrieve a victim from an elevated location, steep grade or other areas not accessible by other means. All members assigned to the Rope Rescue team are trained to the Rope Rescue Technician level. Rope Rescue incidents are considered a “low frequency, high risk” event. Due to the severity of these emergencies, personnel must constantly train with their equipment and run simulated incidents to hone their skills. Rope Rescue training is conducted monthly on the fourth Thursday of the month. Training locations can vary, and the Rope Rescue lead will notify members of training location and time.

MSAR

FIRE ACADEMY

Fire Suppression Training Plan 2020

Training Topic/Resources	Instructor	Date	Time	Location
<ul style="list-style-type: none"> • SCBA Familiarization • SCBA no visibility Familiarization 	Zimmerman	1-13	1900	Station 25
<ul style="list-style-type: none"> • Haz-Mat 	Swiger Brandhorst	2-10	1900	Station 25 Station 22
<ul style="list-style-type: none"> • Interior Search • Connecting to a Hydrant/Forward/Reverse Lay/ Pulling Pre-connects 	Mohlsick Brandhorst	3-9	1900	Station 25 Station 22
<ul style="list-style-type: none"> • Controlling fire investigation scenes • Investigation techniques 	O'Connor	4-13	1900	Station 25
<ul style="list-style-type: none"> • Negotiating Hoarder Homes • Review of Mobile Home Fires 	Horton	5-11	1900	Station 25 Station 22
<ul style="list-style-type: none"> • Vehicle Extrication • Stabilization/Airbags 	Zimmerman	6-8	1900	Station 25
<ul style="list-style-type: none"> • Ventilation • Reading Smoke 	Swiger	7-13	1900	Station 25 Station 22
<ul style="list-style-type: none"> • Haz-Mat 	Swiger Brandhorst	8-10	1900	Station 25 Station 22
<ul style="list-style-type: none"> • Chimney Fire 	Lacy	9-14	1900	Station 25
<ul style="list-style-type: none"> • Radio Communications • Mayday Training/Skills 	O'Connor	10-12	1900	Station 25 Station 22
<ul style="list-style-type: none"> • Ladders • Ascending/Descending with various tools 	Hector Horton	11-9	1900	Station 25 Station 22
<ul style="list-style-type: none"> • Forcible Entry 	Hector	12-14	1900	Station 25

EMS Training Plan 2020

Training Topic/Resources	Instructor	Date	Time	Location
<ul style="list-style-type: none"> • Psych Disorders and Restraint Use 	S. Jackson	12-16	1900	Station 25
<ul style="list-style-type: none"> • CNS Injuries • Spinal Trauma 	S. Jackson	1-20	1900	Station 25
<ul style="list-style-type: none"> • OB Emergencies • Field Delivery 	S. Jackson	2-17	1900	Station 25
<ul style="list-style-type: none"> • Infectious Disease • Hygiene/Vaccines 	S. Jackson	3-16	1900	Station 25
<ul style="list-style-type: none"> • Chest Trauma • Abdominal Trauma 	S. Jackson	4-20	1900	Station 25
<ul style="list-style-type: none"> • Stroke 	S. Jackson	5-18	1900	Station 25
<ul style="list-style-type: none"> • Shock • Hypotension Mgmt. 	S. Jackson	6-15	1900	Station 25
<ul style="list-style-type: none"> • Toxicology • Peds Arrest 	S. Jackson	7-20	1900	Station 25
<ul style="list-style-type: none"> • Asthma/COPD • Pulmonary Edema 	S. Jackson	8-17	1900	Station 25
<ul style="list-style-type: none"> • Oxygenation/OSI • Capnography 	S. Jackson	9-21	1900	Station 25
<ul style="list-style-type: none"> • HTN Emergencies • CHF 	S. Jackson	10-19	1900	Station 25
<ul style="list-style-type: none"> • ACS • ECG Review 	S. Jackson	11-16	1900	Station 25
<ul style="list-style-type: none"> • Hypothermia • AMS Mimics 	S. Jackson	12-21	1900	Station 25
<ul style="list-style-type: none"> • Evidence Base Guide • Research 	S. Jackson	1-18	1900	Station 25

Driver/Operator Training Plan 2020

Training Topic/Resources	Instructor	Date	Time	Location
Apparatus Familiarization		Weekly	1800	Stations
EVIP		TBD	TBD	TBD
EVIP Refresher		Annually	TBD	TBD
Road course		TBD	TBD	TBD
Cone Course		TBD	TBD	TBD
Pump Operations		Weekly	1800	TBD
Driver/Operator Training		Quarterly	TBD	TBD

Hazardous Materials Training Plan 2020

Training Topic/Resources	Instructor	Date	Time	Location
• HazMat Annual Refresher	Swiger Brandhorst	2-10	1900	Station 25 Station 22
• HazMat Annual Refresher	Swiger Brandhorst	8-10	1900	Station 25 Station 22
• Department HazMat Drill	Swiger Brandhorst	8-31	1800	TBD

Officer Development Training Plan 2020

Training Topic/Resources	Instructor	Date	Time	Location
<ul style="list-style-type: none"> • ICS for Residential Structure Fires 	Zimmerman	1-6	1700	D/O
<ul style="list-style-type: none"> • Reports 	Horton	2-3	1700	D/O
<ul style="list-style-type: none"> • Scene Size-ups 	Hector	3-2	1700	D/O
<ul style="list-style-type: none"> • Engaging Personnel to the Culture 	Brandhorst	4-6	1700	D/O
<ul style="list-style-type: none"> • Training on Social Media 	Swiger	5-4	1700	D/O
<ul style="list-style-type: none"> • NIOSH Report Review 	New Fire Chief	6-1	1700	D/O
<ul style="list-style-type: none"> • Review Accountability system and Policy 	Lacy	7-6	1700	D/O
<ul style="list-style-type: none"> • Discipline as a front-line Officer 	Swiger	8-3	1700	D/O
<ul style="list-style-type: none"> • Step Up and Lead • https://www.fireengineering.com/2018/12/12/230283/step-up-and-lead/ 	Video	9-7	1700	D/O
<ul style="list-style-type: none"> • Step Up and Lead • https://www.fireengineering.com/2018/12/12/230283/step-up-and-lead/ 	Video	10-5	1700	D/O
<ul style="list-style-type: none"> • NIOSH Report Review 	New Fire Chief	11-2	1700	D/O
<ul style="list-style-type: none"> • Emergency Scene Simulations 		12-7	1700	D/O

Rope Rescue Training Plan 2020

Training Topic/Resources	Instructor	Date	Time	Location
	Horton	1-23	1830	TBD
	Horton	2-28	1830	TBD
	Horton	3-26	1830	TBD
	Horton	4-23	1830	TBD
	Horton	5-28	1830	TBD
	Horton	6-25	1830	TBD
	Horton	7-23	1830	TBD
	Horton	8-27	1830	TBD
	Horton	9-24	1830	TBD
	Horton	10-22	1830	TBD
	Horton	11-26	1830	TBD
	Horton	12-24	1830	TBD

MSAR Training Plan 2020

Training Topic/Resources	Instructor	Date	Time	Location
• Trailer Towing	O'Connor	1-15	1830	TBD
• Night Operations	O'Connor	2-19	1830	TBD
• Towing Operations	O'Connor	3-18	1830	TBD
• Communications	O'Connor	4-15	1830	TBD
• Boat Maintenance	O'Connor	5-20	1830	TBD
• Team Coordination Training	O'Connor	6-17	1830	TBD
• Risk Assessment				
• Risk Mitigation				
• Accelerated Training (New Members)	O'Connor	7-15	1830	TBD
• Practice Response and launching	O'Connor	8-19	1830	TBD

• Electronics Radar	O'Connor	9-16	1830	TBD
• Towing at Night	O'Connor	10-21	1830	TBD
• Medical Emergencies on the Water	O'Connor	11-18	1830	TBD
• End of Year Inventory and Maintenance	O'Connor	12-16	1830	TBD

Department-Wide “All Drills” Training Plan 2020

Training Topic/Resources	Instructor	Date	Time	Location
• Structural (OH, NWFR)	TBD	3-30	1800	TBD
• MCI (Vehicle Incident) (WH, NWFR, OH)	Zimmerman	6-29	1800	TBD
• Haz-Mat (NWFR, Navy)	Swiger Brandhorst	8-31	1800	TBD
• Ladders (NWFR, Navy)	Hector Horton	11-30	1800	TBD

Mandatory Annual Training

Training Topic/Resources	Instructor	Date	Time	Location
Sexual Harassment		1-6	1900	Station 25
CPR		1-27	1900	Station 25

Association Night Training:

<https://firefightertoolbox.com/5minuteclinic/>

Fire Training Academy:

See academy schedule